



# The Asbury BEACON

May 2020

Volume 20, Number 4

## The Pastor's Corner

The Apostle Paul was a smart, effective witness for Jesus. His writings, as contained in the New Testament, continue to inspire through the present day and beyond. Rather than only share about his successes, Paul also shared his struggles. We hear about those times he was shipwrecked, beaten, (both stories in 2 Corinthians 11), and snuck out of town in a basket (Acts 9) to name a few. Each time, he gave God the glory to sustain him in those times. Then, we read in 2 Corinthians 12, "I was given the gift of a handicap to keep me in constant touch with my limitations...At first I didn't think of it as a gift, and begged God to remove it. Three times, I did that, and then he told me, "My grace is all you need. My power works best in weakness." So now, I am glad to boast about my weaknesses, so that the power of Christ can work through me. That's why I take pleasure in my weaknesses, and in the insults, hardships, persecutions, and troubles that I suffer for Christ. For when I am weak, then I am strong." Paul understood that when we acknowledge our weaknesses and ask for God's guidance and help, God can then work through us to accomplish God's will.

As I write this article for the May newsletter, it is early April. I write from the parsonage as we continue to live into the new reality of the corona virus pandemic. I am thankful to the Asbury family for providing such a wonderful home in which to live. However, as we continue to "shelter in place" to keep everyone safe, I have to admit I struggle. My heart's desire is to be with all of you, especially on Sunday mornings. I love greeting people before and after worship; listening to your stories concerning life and family, joys and struggles. I strain to hear the choir sing, the bells ring, the liturgist proclaim the Scripture reading. I cry out to God, "How long, O Lord" will we have to keep our distance. The practice of ministry looks so different from six weeks ago. Whereas my greatest contact with you all was Sunday mornings, contact now is through emails, phone calls, Zoom video conferencing, weekly video sermons and this newsletter. My colleagues and I continue to chuckle when we say to each other, "Boy, they didn't teach us this in seminary!" I feel weak and vulnerable as I struggle with new technologies and new practices of ministry. I want it perfect and I want it **now!**

It is then I remember God's words to the Apostle Paul, "My grace is all you need. My power works best in weakness." I was willing to learn new technologies and also gently say "not now" to other things. The church stays connected through **all of us**, not one or two people. I have learned that even if you work at home, the home office is still an office. The office opens **and** the office closes for everyone's benefit. As I listen for the Spirit's promptings, I am more in tune to the Spirit's leadings than ever.

My prayer is that by the time this newsletter is in your hands, we will be given the "all clear" signal to come back together at 327 Franklin Street. The reality is, unfortunately, a huge question mark. Whether we are in our worship space or still in our homes, God is still accomplishing God's will through us. Our church's mission has never changed. We continue to make disciples of Jesus Christ for the transformation of the world. It just may look a little different from before. When we feel discouraged, frustrated or ready to throw in the towel, remember God's words to Paul, "My grace is all you need." May we all be graced-filled people.

Pastor Penni



## ASBURY'S STAFF

ADMINISTRATIVE ASSISTANT  
TAMMY OLIVAS

ASSISTANT TO THE PASTOR/  
DISCIPLE DEVELOPMENT  
MAX BOVEE

BROADCAST MINISTRY  
BOB KURTZ

CHILD CARE WORKERS  
ASHLEE WELDON

CLEANING SERVICES  
FRANCES GOUTREMOUT

CONGREGATIONAL CARE  
PAMELA QUIMBY  
DARLENE WELBOURN

FAITH COMMUNITY NURSE  
DARLENE WELBOURN

FINANCIAL SECRETARY  
DAN WEBB

TREASURER  
DEBORAH VANHOUTEN

MAINTENANCE  
PAT TOWN

MUSIC PROGRAM  
DIRECTOR

CATHERINE MOWERS

## MUSIC PROGRAM STAFF

GHIYANA DORDZHIEVA  
LYNN MORGAN  
MELANIE RAFFERTY  
MICHELLE RUDD  
LISA SMITH  
HELEN TIMERMAN  
BINA WEST  
JENNIFER WHITENACK

## PASTOR

REV. PENNI FARRINGTON



## THE VISION OF ASBURY

*To Make Disciples for  
Jesus Christ for the  
Transformation of the World.*

## THE MISSION OF ASBURY

*To inspire People of All  
Generations to Love, Learn  
and Lead Through Worship,  
Education, and Service.*

## THE ASBURY MOTTO

*No Matter Where You Are on Life's  
Journey, You are Welcome Here!*

## *When will I see you again?*

*In 1973, a song hit the airwaves by The Three Degrees. The first few lines said, "When will I see you again? When will we share precious moments? Will I have to wait forever? Will I have to suffer (suffer) And cry the whole night through?" Does that sound familiar? When will we see each other again...at church. When will things open back up? As I write this, our Governor says we are "on pause" until at least May 15. Unfortunately, that means the Asbury building remains closed at least through May 15. Sermons are available; thanks to Nate Lehman who uploads my weekly sermon videos to the church's Facebook page ([www.facebook.com/Asbury13601](https://www.facebook.com/Asbury13601)) and our website ([www.AsburyUMC.net](http://www.AsburyUMC.net)). Postponed events scheduled for May include our May Rummage Sale, the all-women's celebration dinner, the Bell Choir Festival, and all Bible studies, Sunday school classes, meetings and other group activities held in the church building.*

*What about future events? The short answer is we just don't know. Even when we have the "all clear" to come back on Sunday mornings, other events may still have to be postponed or modified. This includes any "all church" fellowship opportunities, Vacation Bible School, summer Bible studies, meetings and other group activities held in the church building. Our goal is to have a safe environment in which to worship and praise God, which may include continued social distancing and the wearing of masks.*

*We will be back together at some point in time. In the meantime, please be patient and stay tuned for further updates! God continues to be with us, no matter where we find ourselves. Thanks be to God!*

*Pastor Penni*

We are blessed to have Pastor Penni with us and the leadership and guidance she brings during this time of pain and uncertainty. We pray for her, all leaders of churches, leaders of our community, leaders of our state, and leaders of our country and the rest of the world as they make the tough decisions.



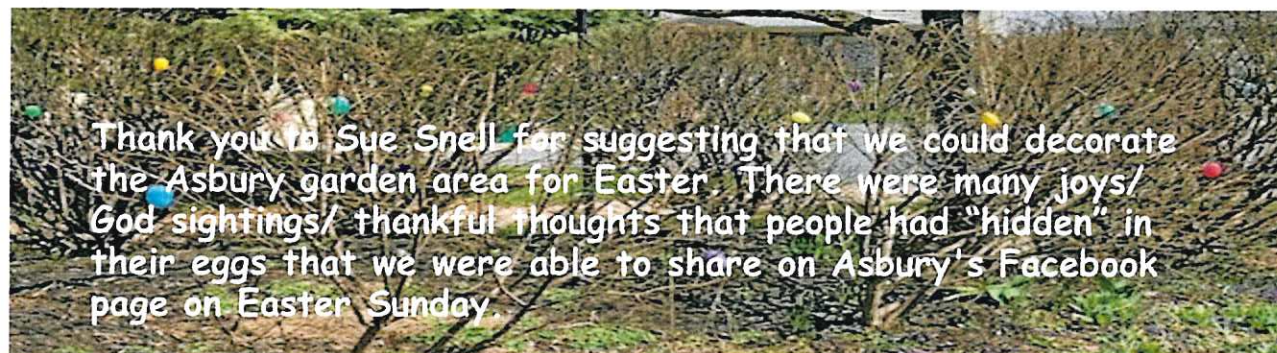
Barbara C. Simmons	May 7	Roxanne Robinson	May 20
Darlene Welbourn	May 8	Toby Schilling	May 20
Marjorie Brauer	May 11	Steven Marshall	May 21
Richard Malone	May 11	Anne Fioretto	May 25
Barbara Sargent	May 18	Edward Putzier	May 28
Jean Queal	May 18		



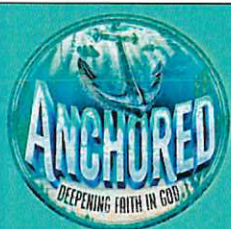


Sunday School has been blessed to have **Group Publishing** offering free online Sunday School resources. They have provided weekly Sunday School video lessons with their Empowering Courageous Kids curriculum; their Cave Buddies activity booklet for preschool and elementary kids; a devotional series for teens- Jesus Centered Life for Teenagers; additional at home family activities for Palm Sunday, Maundy Thursday, Good Friday and Easter; a copy of Namesake-inspirational coloring pages for the older kids, teens and adults. Susan Hirst has been able to adapt the curriculum material she was using prior to the shutdown and send materials on to grade 5-8 class families.

Sarah Lehman



Thank you to Sue Snell for suggesting that we could decorate the Asbury garden area for Easter. There were many joys/ God sightings/ thankful thoughts that people had "hidden" in their eggs that we were able to share on Asbury's Facebook page on Easter Sunday.



## VACATION BIBLE SCHOOL

VBS program this year will be "Anchored: Deepening Faith in God" by Group Publishing. Program dates: Tuesday, July 14<sup>th</sup> thru Thursday, July 16<sup>th</sup>, 6 to 8 p.m. each evening. Ages: entering Kindergarten thru 6<sup>th</sup> grade.

Registration will be coming soon. If you are interested in helping out with VBS this year, please contact Sarah Lehman [sundayschool@westelcom.com](mailto:sundayschool@westelcom.com)

## Stewart's Holiday Match to Help Send Youth to Summer Camp

During the winter, the Stewart's Foundation conducts a Holiday Match, and we applied for a share to use for our summer campership program. We recently received \$200 from this fund for our youth to attend summer camp.

The Stewart's Holiday Match program has collected and matched donations in their shops from Thanksgiving until Christmas since 1986. Stewart's credits the success of this program to their customers' generous contributions, their dedicated shop partners who collected the funds, and to their media partners who helped spread the word. To find out how Stewart's contributes to our community go to their link:

**[www.stewartsshops.com/community-giving](http://www.stewartsshops.com/community-giving)**

Asbury United Methodist Church is most pleased to have been selected as a recipient of this program. Thank you Stewart's for your generosity! It is most appreciated.

Speaking of summer camp, the plan is still to move forward with camp. However, until the governor's PAUSE initiative is no longer in effect, timing for summer camp is obviously up in the air at this point in time. With that being stated, as camp agent, I am willing to register youth for camp...hoping that it will take place. With everything that our youth have experienced, summer camp may be a more valuable experience than ever this year. Call or e-mail me and your child can easily be registered for camp. One youth has already decided to make that choice. There is no financial expenditure that is needed on the part of any of our families, at this point. If you have any questions or need the form or information sheet, please contact me. Thank you for your help to plan for camp.

Lynn Morgan  
315-493-2637



*What Does It Mean to Be a Member of Asbury United Methodist Church?  
What Does God Hope For Us?*

**Vows of Membership – Presence & The Connection to Asbury's Stewardship Program**

John 1:1-14 and Luke 10:25-37

This month we continue our five-month review on the vows we take as members of the United Methodist Church. This month we examine how the vow of **Presence** is important to us and it is an integral part of our Stewardship Program.



*"A member of the church supports the church by faithfully participating in its ministries by their presence."*

We might be tempted to think the meaning of this is obvious. A member of the church supports it by their presence? Well, that's easy. It means we show up. After all, what do we lament about so many people in our communities? They don't come to church. They don't show up. And often it's even the members of the church who don't show up.

*Is that all it means to be a member of the church, just to show up?*

It certainly doesn't mean less than that! We should show up. We should come to the church and worship God and live out our faith in Christian community. An assumption that the "church" is a place we go - a building - is not the church! We are the church. God doesn't want you to go to church; God wants you to be the Church! Our church building is a place where we meet, learn together, grow together, are challenged so we can use our gifts, and support each other.

It's important to "be there," to be physically present in the Body of Christ. There is power in physical presence strengthened by the power of prayer. Your investment of time and energy in showing up matters.

Our presence enables us to represent the love and faithfulness of God to a world in real need. If we are in Christ, and Christ is in us, then we represent Christ. Hopefully, when people see us, they can see God.

The Church represents the best opportunity for the world to see the love of God in ongoing action. If the Church continues to embody the love of God and "present Christ," then we remain a contemporary reality, relevant to all with whom we come into contact. Like the story of the Good Samaritan, this is also about presenting the love of God to those souls who are people we may not know or like.

Are you presenting the love of God towards everyone with whom you have contact?

Jim Rafferty

*Just as a body, though one has many parts, but all its many parts form one body, so it is with Christ for we were all baptized by one Spirit so as to form one body.*

I Corinthians 12:12-13

Asbury United Methodist Women are having a time of Fellowship Tea by Zoom, on Saturday mornings at 10:30 a.m. All women are invited. Email Leah Mae Carlisle for the link: [leahtomc@gmail.com](mailto:leahtomc@gmail.com)

THE VISION OF ASBURY *To Make Disciples for Jesus Christ for the Transformation of the World*

## WHO AND WHAT ARE ESSENTIAL

As we navigate through this pandemic, it is essential that we learn and understand a new daily vocabulary. First of all, **pandemic** means this virus has spread worldwide. **Covid-19** is this invisible enemy that we are battling. **Social distancing** - it is essential that we stay at least 6 feet away from each other when outside of our homes, and it is now essential that we wear a face mask when outside of our homes. Who are the people who are essential? We appreciate the healthcare workers, pharmacy workers, grocery store workers, firemen and police officers who are essential to keeping us safe and healthy, and we thank them from the bottom of our hearts. My oldest son works in a book distribution center; they distribute books, puzzles, etc. for Barnes & Noble, Walmart, Amazon and others. To his surprise he was handed a piece of paper a few weeks ago that read, *essential worker*. He was instructed to place it on the dashboard of his car in case he was stopped on his way to work. He is essential to our mental health and well-being. Soap, hand sanitizer, Clorox wipes and apparently toilet paper are essential to fighting this invisible enemy.

During this time of staying home, I have had more time to reflect and more time to spend with God - praying, reading daily devotionals and reading the Bible. I have also had time to reflect on what is essential to me, so I would like to share with you what I came up with. My family and their love is essential to my emotional well-being. Emails, phone calls, notes and cards from friends, co-workers and my church family; the support they bring are also essential to my emotional health. Weekly messages and updates from Pastor Penni through email and our website are essential to my spiritual health. When we are allowed, weekly gatherings on Sunday mornings for worship with my church family are essential. It is essential for me to be fed spiritually each Sunday, so I may grow stronger in my faith and take what I learn out into the world to share during the week. I am a disciple of Jesus Christ and that is essential to me and to God.

I am unable to do many of the things that bring me joy, so I am getting creative and finding new ways to bring joy to my heart. Each morning now I turn the radio to a station that plays the "oldies" (that would be 60's and 70's music for me - I know the words to those songs, or I think I do). I dance and sing as I make my breakfast. Who cares if I sing the wrong words or I look silly? (My kids are not there to say, "Mom, don't ever do that again!") I can be as silly as I want - it is essential to bringing joy to my heart.

Whenever one of my children calls me distraught and distressed, I always say, "It's going to be ok!" Similarly, when I go to our Father distraught and distressed, he always let's me know, "It is going to be ok!" His love, support, and guidance are essential to my whole being!

We are all essential to each other and to God; and God is so essential to us. So, going forward, pray for each other, reflect on what is essential to your mental, physical and spiritual well being. Share with each other! Get creative! Be silly! I think God applauds when he hears us sing and sees joy in our hearts. *It is going to be ok!*

Sue Beaman

### The Train of Life

- Author Unknown

*At birth, we boarded the train of life and met our parents; we believed that they would always travel by our side. However, at some station, our parents would step down from the train, leaving us on life's journey alone. As time went by, significant people boarded the train; siblings, other children, friends, and even the love of our life. Many will step down and leave a permanent vacuum. Others will go so unnoticed that we won't realize they vacated their seats! This train ride will have been a mixture of joy, sorrow, fantasy, expectations, hellos, goodbyes, and farewells. A successful journey consists of having a good relationship with all passengers, requiring that we give the best of ourselves. The mystery that prevails is that we do not know at which station we ourselves will step down. Thus, we must try to travel along the track of life in the best possible way - loving, forgiving, giving, and sharing.*



## NEWS FROM OUR ASSISTANT PASTOR FOR DISCIPLESHIP DEVELOPMENT

What a crazy, uncertain time we are in the midst of! Greetta and I returned from Florida a month earlier than planned, arriving home on March 25, before travel became more restricted.

The numerous Asbury activities and studies that I am responsible for are ready to roll as soon as conditions and restrictions permit. I have been in my office in preparation as time and conditions allow.

As Gov. Cuomo announced on April 16, restrictions on gatherings have been extended at least until May 15. Therefore...

1. The "Daniel" study at Asbury to have begun on May 11 and the "Heaven" study at Summit, to have begun on May 13 are necessarily postponed until further notice.
2. AMF (Asbury Men's Fellowship) will not meet on May 2.
3. The "Celebrating Asbury" Ladies Dinner for May 15 has been postponed and hopefully will be re-scheduled.
4. Our first Asbury Fellowship Night Out at Ryan's Restaurant on June 11 will occur if restrictions permit.
5. Our Bus Trip to Lancaster on October 1 and 2 is still, hopefully, going to happen.

For all of these events, please stay tuned. Watch for further information in future newsletters, on our church website and through email. I'm here for you when conditions permit.

Max Bovee

## CAPITAL CAMPAIGN UPDATE

Seeking and achieving replacement of our roof on our church home has been met with numerous frustrations. We have all experienced disruptions of our normal routines in our response to the Covid-19 virus. Our contractor for this project, RSI, informed us some two weeks ago that the latest federal mandate has forced them to stop work. They are not considered an "essential business" and therefore must cease operations until this mandate is lifted. Along with this is the potential for delay in obtaining materials and equipment when they are cleared to work. They are hoping still for a start on our project as soon after May 1 as possible. We are all in this together and we will achieve our goal.



I also have some positive news. I received a phone call following the last newsletter. The individual wanted to know if anyone had come forward and offered to pay for re-lamping of the sanctuary chandeliers. I said this would be funded by the Capital Campaign Fund and that donations to support this fund are always welcome. The individual who wished to remain anonymous, said they would like to pledge \$1,400 to cover the cost of this project. The funding has been received. I thanked them for their support. They have spent a lifetime of active involvement with Asbury and let me know Asbury has meant a great deal to them.

Time moves ever forward and our hopes and dreams of what we can accomplish with this Capital Campaign Fund continue to be discussed. We thank all donors for their support. The stock market has recovered some from its low point and this will help provide support from the investment return of our regular Endowment Fund. The Trustees continue in their efforts to work through the frustrations we encounter.

We look forward to the time we can again gather as a community of the faithful in our church home to pray, sing, share our concerns and enjoy a service together.

Blessings,  
Glen Snell, Chairman of Trustees

# GETTING HEALTHY AND STAYING HEALTHY WITH DARLENE

## Balance Problems

Mayo Clinic Staff (2018- 2020)

Balance problems can make you feel dizzy, as if the room is spinning, unsteady, or lightheaded. You might feel that you're going to fall down. These feelings can happen whether you're lying down, sitting or standing. Many body systems - including your muscles, bones, joints, vision, the balance organ in the inner ear, nerves, heart and blood vessels - must work normally for you to have normal balance. When these systems aren't functioning well, you can experience balance problems. Many medical conditions can cause balance problems. However, most balance problems result from issues in your balance end-organ in the inner ear (vestibular system). As with everything bring your concerns to your healthcare Provider.

### **Signs and symptoms of balance problems include:**

*Sense of motion or spinning (vertigo), feeling of faintness or lightheadedness (presyncope), loss of balance or unsteadiness, feeling a floating sensation or dizziness, vision changes, such as blurriness, confusion*

Balance problems can be caused by several different conditions. The cause of balance problems is usually related to the specific sign or symptom.

### **Sense of motion or spinning (vertigo) - Vertigo can be associated with many conditions, including:**

- ♦ **Benign paroxysmal positional vertigo (BPPV).** BPPV occurs when calcium crystals in your inner ear - which help control your balance - are dislodged from their normal positions and move elsewhere in the inner ear. BPPV is the most common cause of vertigo in adults. You might experience a spinning sensation when turning in bed or tilting your head back to look up.
- ♦ **Meniere's disease.** In addition to sudden and severe vertigo, Meniere's disease can cause fluctuating hearing loss and buzzing, ringing or a feeling of fullness in your ear. The cause of Meniere's disease isn't fully known. Meniere's disease is rare and typically develops in people who are between the ages of 20 and 40.
- ♦ **Migraine.** Dizziness and sensitivity to motion (vestibular migraine) can occur due to migraine headache. Migraine is a common cause of dizziness.
- ♦ **Acoustic neuroma.** This noncancerous (benign), slow-growing tumor develops on a nerve that affects your hearing and balance. You might experience dizziness or loss of balance, but the most common symptoms are hearing loss and ringing in your ear. Acoustic neuroma is a rare condition.
- ♦ **Vestibular neuritis.** This inflammatory disorder, probably caused by a virus, can affect the nerves in the balance portion of your inner ear. Symptoms are often severe and persistent, and include nausea and difficulty walking. Symptoms can last several days and gradually improve without treatment.
- ♦ **Ramsay Hunt syndrome.** Also known as herpes zoster oticus, this condition occurs when a shingles-like infection affects the facial, auditory and vestibular nerves near one of your ears. You might experience vertigo, ear pain, facial weakness and hearing loss.
- ♦ **Head injury.** You might experience vertigo due to a concussion or other head injury.
- ♦ **Motion sickness.** You might experience dizziness in boats, cars and airplanes, or on amusement park rides. Motion sickness is common in people with migraines.
- ♦ **Persistent postural-perceptual dizziness.** This disorder occurs frequently with other types of vertigo. Symptoms include unsteadiness or a sensation of motion in your head. Symptoms often worsen when you watch objects move, when you read, or when you are in a visually complex environment such as a shopping mall.

### **Feeling of faintness or lightheadedness - Lightheadedness can be associated with:**

**Orthostatic hypotension (postural hypotension).** Standing or sitting up too quickly can cause some people to experience a significant drop in their blood pressure, resulting in presyncope.

**Cardiovascular disease.** Abnormal heart rhythms (heart arrhythmia), narrowed or blocked blood vessels, a thickened heart muscle (hypertrophic cardiomyopathy), or a decrease in blood volume can reduce blood flow and cause presyncope.

### **Loss of balance or unsteadiness - Losing your balance while walking, or feeling imbalanced, can result from:**

**Vestibular problems.** Abnormalities in your inner ear can cause a sensation of a floating or heavy head, and unsteadiness in the dark.

**Nerve damage to your legs (peripheral neuropathy).** The damage can lead to difficulties with walking.

**Joint, muscle or vision problems.** Muscle weakness and unstable joints can contribute to your loss of balance. Difficulties with eyesight also can lead to unsteadiness.

**Medications.** Loss of balance or unsteadiness can be a side effect of medications.

**Certain neurologic conditions.** These include cervical spondylosis and Parkinson's disease.

### **Dizziness - A sense of dizziness or lightheadedness can result from:**

**Inner ear problems.** Abnormalities of the vestibular system can lead to a sensation of floating or other false sensation of motion.

**Psychiatric disorders.** Depression (major depressive disorder), anxiety and other psychiatric disorders can cause dizziness.

**Abnormally rapid breathing (hyperventilation).** This condition often accompanies anxiety disorders and may cause lightheadedness.

**Medications.** Lightheadedness can be a side effect of medications.

Submitted by Darlene Welbourne





## RUMMAGE SALE AND BAKE SALE POSTPONED PLANT SALE AS SCHEDULED



The annual Spring rummage and bake sale will be put on hold for a while. This is not all bad. The unexpected hiatus from our regular lives has given us an opportunity to work on all the odd jobs we always say we don't have time for. This includes our Spring "sorting out" or in some cases our annual "sorting out" or in some cases our first ever "sorting out"!! Save the best of it for our rummage sale. Whenever Asbury is open again, there will be a place for your items in Wesley Hall in the room to the left of the stage.

And don't forget about the bake sale for camperships that accompanies the rummage sale. Get out your cookbooks and pick out some really yummy desserts to make for the bake sale. The folks who come to the sale really look forward to buying homemade baked goods.

As far as the plant sale goes, **the plants will be ready by May 8 as scheduled**. If you would like to buy geraniums, please call Glen Snell, 315-782-8235 before May 8 to order your plants. Martha Jablonski has also grown ivy plants for the sale. When you call Glen, please let him know if you would like ivy, also. The ivy fits very well into potted arrangements or in single pots.

In these uncertain times, we all make adjustments. Thank you for your patience.

Sue Snell

### Everyday Survival Kit

#### LITTLE THINGS THAT MEAN A LOT

- ♦ **Toothpick** – to remind you to pick the good qualities in everyone.
- ♦ **Rubber band** – to remind you to be flexible. Things may not always go the way you want, but they can be worked out.
- ♦ **Band-aid** – to remind you to heal hurt feelings, whether yours or someone else's.
- ♦ **Eraser** – to remind you that everyone makes mistakes.
- ♦ **Candy kiss** – to remind you everyone needs a hug (air one for now) or a compliment every day.
- ♦ **Mint** – to remind you that you are worth a mint to your family and friends.
- ♦ **Sugarless gum** – to remind you to stick with it and you can accomplish anything.
- ♦ **Pencil** – to remind you to list your blessings every day.
- ♦ **Tea bag** – to remind you that you never know how strong you are until you're in hot water.

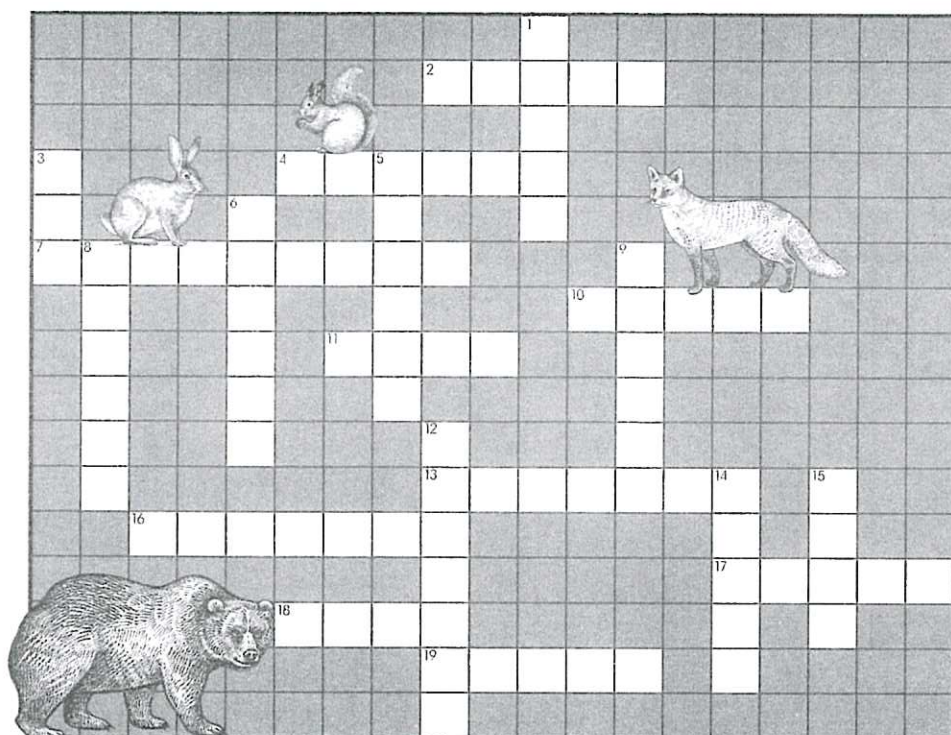
~ Author Unknown (submitted by Lynn Morgan)

#### THE DEADLINE FOR THE *June* BEACON is May 15TH.

Please email articles and pictures to Sue Beaman at [wfpsec@twcny.rr.com](mailto:wfpsec@twcny.rr.com)  
with a **cc:** to Asbury Church Office at [Asbury@gisco.net](mailto:Asbury@gisco.net)



# Animals and Their Homes



## ACROSS

- 2 Nut of an oak tree
- 4 It can live on a prairie or your backyard
- 7 Active at night
- 10 An otter's den or a favorite relaxing spot
- 11 Structure of twigs, grass, and mud
- 13 An animal's natural environment
- 16 Fly to a warmer home
- 17 Our home
- 18 Where a branch joins the trunk of a tree
- 19 It builds its nest in tall trees

## DOWN

- 1 The underground part of a tree
- 3 Where a bear might hibernate
- 5 It can cut down a tree with its teeth
- 6 A hole in the ground made by a fox
- 8 What we need that trees produce
- 9 Land with trees and underbrush
- 12 Animals need food, water, and \_\_\_\_\_
- 14 We need to plant more of these
- 15 Outside layer of a tree

# SUDOKU

## Solving Directions:

To solve a Sudoku puzzle, place a number into each box so that each row across, each column down, and each small 9-box square within the larger diagram (there are 9 of these) will contain every number from 1 through 9. In other words, no number will appear more than once in any row, column, or smaller 9-box square. Working with the numbers already given as a guide, complete each diagram with the missing numbers that will lead to the correct solution.

		2			3			7
					7	2		6
8	6			2			1	
		6	1	9				2
	5						6	
2				6	5	8		
	2			3			4	5
4		9	8					
3			9			7		

## ANSWERS TO BOTH PUZZLES IN THE JUNE NEWSLETTER

Dear Asbury Friends,

I have so many to thank for your thoughts and prayers. The prayer group all along through John's cancer journey has made me feel safe and loved in spite of all that was going on. I know I gained strength through all the prayers from the group as well as individuals. I thank Bina for bringing a beautiful poinsettia from the altar after the Christmas service. It is still beautiful all these weeks later. I loved the gift basket that the UMW made and was delivered by Leah Mae. I still have a cute little pillow with a ribbon on it on one of my doorknobs. Also, the UMW made a donation in memory of John to the mission work of the UMW, what a wonderful gift. My friends in The Wired Word have been so supportive and concerned throughout the months and that was a tremendous help getting me through the hard times. Penni has always been a true friend, a wonderful listener and full of encouragement. I have a friend who very recently had a family member pass away from cancer. He said some wonderful words: "She did not lose her battle to cancer. She lost her pain ridden body and won her entrance to heaven." Asbury folks are truly a family. So many have sent cards and expressed sympathies. I am very thankful that you all are my friends. Bless each and every one of you.

Fondly,  
Martha Lava

## CHANGES WE HAVE SEEN AS WE SHELTER AT HOME DURING COVID-19

TRAFFIC is gone,  
GAS is affordable,  
BILLS extended.  
KIDS are at home with their FAMILIES.  
PARENTS are home taking care of their CHILDREN.  
FAST FOOD replaced by HOME COOKED MEALS.  
Hectic SCHEDULES replaced by NAPS, REST, and RELAXATION.  
The AIR seems CLEANER, the WORLD quieter.  
PEOPLE are conscious about HYGIENE and HEALTH.  
MONEY doesn't seem to make the WORLD GO ROUND anymore.  
DOCTORS AND NURSES are being praised and recognized instead of athletes and celebrities  
And WE now have TIME, finally,  
to STOP and SMELL the ROSES.  
..The positive side above all!!



## ASBURY UNITED METHODIST CHURCH

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Join us for  
SUNDAY WORSHIP  
at  
8:15 or 10:15 A.M.

## Who Is Asbury United Methodist Church?

*We invite you to open this  
newsletter and meet the People of  
Asbury United Methodist Church.*



## MOTHER'S DAY BLESSINGS

*Just as God gives to each rose  
A gentle touch of dew  
And gives unto each evening sky  
The lovely sunset's hue  
So may he give to you  
From his enduring love  
Great happiness and hearts' content  
And blessings from above.*

**HAPPY MOTHER'S DAY  
MAY 10, 2020**

***No Matter Where You Are on Life's Journey,  
You are Welcome Here!***